

Passport Advantage Provider Manual Section 10.0 Clinical Practice Guidelines

Table of Contents

- 10.1 **Introduction**
- 10.2 **Diabetes**
- 10.3 **Adult Preventive Health**
- 10.4 **Risk Reduction for Coronary and Other
Vascular Disease**
- 10.5 **Hypertension**
- 10.6 **Major Depression in Adults in Primary Care
Clinical Practice Guideline**
- 10.7 **Anxiety Disorders in Adults in Primary Care
Clinical Practice Guideline**
- 10.8 **COPD Clinical Practice Guidelines**
- 10.9 **Chronic Kidney Disease (CKD) in Adults
Clinical Practice Guideline**



10.0 Clinical Practice Guidelines

10.1 Introduction

Passport Advantage's mission is to improve the health and quality of life of our members. With this in mind, Passport Advantage has adopted the enclosed Clinical Practice Guidelines. The intent of the guidelines is to support your efforts in the care and education of our members and to reduce variation in diagnosis and treatment. The Plan has made every effort to ensure that current scientific data and expert opinion is the basis for each guideline. Each guideline is evaluated as new data becomes available or at a minimum of every two years. Passport Advantage monitors provider compliance and member outcomes related to these clinical guidelines for quality improvement initiatives and recertification efforts. These guidelines are intended to assist the practitioner in clinical decision-making and attempt to define clinical practices that apply to most patients in most circumstances. The treating practitioner should make the ultimate decision regarding the care of a particular patient.

To access a copy of the Plan's Clinical Practice Guidelines (CPG), please visit our website at www.passportadvantage.org/provider, or contact your Provider Relations representative or the Provider Relations department at (502) 585-7943. If you have any clinical questions about the CPGs, please contact the Quality Improvement nurse at (800) 578-0636, ext. 78434.

10.2 Diabetes Clinical Practice Guidelines

The Diabetes Clinical Practice Guideline may be found online at this website:
http://care.diabetesjournals.org/content/33/Supplement_1/S4.full.pdf+html

10.3 Adult Preventive Health Clinical Practice Guidelines

The Adult Preventive Health Clinical Practice Guideline may be found online at these websites:

Preventive Health Services

<http://www.ahrq.gov/clinic/pocketgd1011/pocketgd1011.pdf>

2011 Adult Immunization Schedule

<http://www.cdc.gov/vaccines/recs/schedules/downloads/adult/adult-schedule.pdf>

The Child and Adolescent Preventive Health Clinical Practice Guideline may be found online at these websites:

2011 Immunization Schedule 0-6 Years

<http://www.cdc.gov/vaccines/recs/schedules/downloads/child/0-6yrs-schedule-pr.pdf>

2011 Immunization Schedule 7-18 Years

<http://www.cdc.gov/vaccines/recs/schedules/downloads/child/7-18yrs-schedule-pr.pdf>

2011 Immunization Child Catch-Up Schedule

<http://www.cdc.gov/vaccines/recs/schedules/downloads/child/catchup-schedule-pr.pdf>

10.4 Comprehensive Risk Reduction for Patients with Coronary and Other Vascular Disease Clinical Practice Guideline

The Risk Reduction for Coronary and Other Vascular Disease Clinical Practice Guideline may be found online at this website:

Cardiovascular Disease

<http://circ.ahajournals.org/cgi/reprint/113/19/2363>

10.5 Hypertension: Diagnosis and Treatment Clinical Practice Guidelines

The Hypertension Clinical Practice Guideline may be found online at this website:

Prevention, Detection, Evaluation and Treatment of High Blood Pressure

<http://www.nhlbi.nih.gov/guidelines/hypertension/jnc7full.pdf>

10.6 Major Depression in Adults in Primary Care Clinical Practice Guideline

The Major Depression in Adults in Primary Care Clinical Practice Guideline may be found online at these websites:

Major Depressive Disorder

http://www.psychiatryonline.com/pracGuide/PracticePDFs/PG_Depression3rdEd.pdf

MacArthur Toolkit

http://www.depression-primarycare.org/images/pdf/macarthur_toolkit.pdf

10.7 Anxiety Disorders in Adults in Primary Care Clinical Practice Guideline

The Anxiety Disorders Clinical Practice Guideline may be found online at this website:

APA Guideline Treatment for Patients with Panic Disorder, 2009

http://www.psychiatryonline.com/pracGuide/PracticePDFs/PanicDisorder_2e_PracticeGuideline.pdf

10.8 COPD Clinical Practice Guideline

The COPD Clinical Practice Guidelines may be found online at these websites:

Asthma-GINA 2010 Asthma Management Prevention:

<http://www.ginasthma.com>

Asthma-NHLBI Summary Report Guidelines for the Diagnosis and Management of Asthma:

<http://www.nhlbi.nih.gov/guidelines/asthma/asthgdln.htm>

10.9 Chronic Kidney Disease (CKD) in Adults Clinical Practice Guideline

The Chronic Kidney Disease Clinical Practice Guideline may be found online at this website:

Guideline for Chronic Kidney Disease

http://www.healthquality.va.gov/ckd/ckd_v478.pdf